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Our business faces many risks and uncertainties. Any of the risks discussed below, as well as factors described in other places in this Annual Report on Form 10- K, or in our other filings with the SEC, could materially adversely affect our business, consolidated financial position, results of operations or cash flows. In addition, these items could cause our future results to differ from our recent results, from our anticipated future results and from those in any of our forward-looking statements. These risks are not the only ones we face. Other risks that we do not presently know about or that we presently believe are not material could also adversely affect us. Risks Related to our Business and Industry We face strong competition. Our failure to compete effectively could have a material adverse effect on our business. Our industry is highly competitive. We compete with many domestic and foreign companies ranging from small start- up enterprises that might sell only a single or limited number of competitive products or compete only in a specific market segment, to companies that are larger and more established than us, have a broad range of competitive products, participate in numerous markets and have access to significantly greater financial and marketing resources than we do. We are also subject to potential competition from new technologies or new market entrants. Competitive factors include price, alternative clinical practices, innovation, quality and reputation. Our failure to compete effectively could have a material adverse effect on our business, results of operations, financial condition and cash flows. We may not be successful in developing, acquiring or marketing competitive products and technologies. Our industry is characterized by extensive research and development and rapid technological advances. The future success of our business will depend, in part, on our ability to design, acquire and manufacture new competitive products and enhance existing products. Accordingly, we commit substantial time, funds and other resources to new product development, including research and development, acquisitions, licenses, clinical trials and physician education. We make these substantial expenditures without any assurance that our products will obtain regulatory clearance or reimbursement approval, acquire adequate intellectual property protection or receive market acceptance. Development by our competitors of improved products, technologies or enhancements may make our products, or those we develop, license or acquire in the future, obsolete or less competitive, which could negatively impact our net sales. Our failure to successfully develop, acquire or market competitive new products or enhance existing products could have a material adverse effect on our business, results of operations, financial condition and cash flows. We cannot guarantee that any of our strategic acquisitions, investments or alliances will be successful. We intend to supplement our growth through strategic acquisitions of, investments in and alliances with new medical technologies. The success of any acquisition, investment or alliance may be affected by a number of factors, including our ability to identify and then properly assess and value the potential business opportunity or to successfully integrate any business we may acquire into our existing business. These types of transactions may require more resources and investments than originally anticipated, may divert management's attention from our existing business, may result in exposure to unexpected liabilities of the acquired business, and may not result in the expected benefits, savings or synergies. There can be no assurance that we will be able to identify and successfully make strategic acquisitions of, investments in and alliances with new medical technologies or that any past or future acquisition, investment or alliance will be cost-effective, profitable or successful. We may be unable to attract and retain key employees necessary to be competitive. Our ability to compete effectively depends upon our ability to attract and retain executives and other key employees, including people in technical, marketing, sales, and research and development positions. Competition for experienced employees, particularly for persons with specialized skills, can be intense. Our ability to recruit such talent will depend on a number of factors, including compensation and benefits, work location and work environment. If we cannot effectively recruit and retain qualified executives and employees, our business could be materially adversely affected. Breaches We rely on the proper function, security and availability of our information technology systems and data, as well as those of third parties, to operate our business, and a breach of our information technology systems, or our failure to effectively integrate AI into our information technology systems and operations, could have a material adverse effect on our business. We rely on information technology systems to process, transmit and store electronic information in our day- to- day operations. Our information technology systems may fail to perform as anticipated, and we may encounter difficulties in implementing new systems, adapting these systems to changing technologies or expanding them to meet the future needs and growth of our business. Our information technology systems require an ongoing commitment of significant resources to maintain, protect, and enhance existing systems and develop new systems. This enables us to keep pace with continuing changes in information processing technology, evolving legal and regulatory standards and changes in the techniques used to prevent unauthorized access to our data and information systems. There can be no assurance that these efforts will be successful or that systems issues will not arise in the future. In addition, the development, adoption and use of generative artificial intelligence, or AI, technology presents opportunities and risks. AI technology is still in an early stage of development, and we are still assessing how to incorporate AI technology into our information technology systems and operations. We are developing a policy with guardrails to address AI- related risks associated with data privacy, cybersecurity and copyright and intellectual property protections. Our failure to effectively integrate AI into our information technology systems and operations could therefore have a material adverse effect on our business. Furthermore, from time to time we consummate new business acquisitions. We face risks associated with defects and vulnerabilities in acquired businesses' systems and difficulties or disruptions in connection with the integration of such acquisitions into our own information technology systems. Lastly, our information technology systems may be subjected to damage or interruption from power outages, computer and telecommunication failures, usage errors by our employees, security

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breaches, computer viruses or other malicious codes, unauthorized access attempts and cyber <mark>, <del>- or</del> phishing- <mark>or ransomware</mark></mark>
attacks. We also Furthermore, we rely on third-party vendors to support certain aspects of our information technology
systems and to store certain information with. These third parties that could also be subject to these types of attacks. These
attacks could result in our intellectual property and other confidential information, including personal health information, being
lost or stolen, disruption of our operations, loss of reputation and other negative consequences, such as increased costs for
security measures or remediation costs and diversion of management attention. While we will continue to implement additional
protective measures to reduce the risk of and detect future cyber incidents, cyber- attacks are becoming more sophisticated and
frequent, and the techniques used in such attacks change rapidly. There can be no assurance assurance that our protective
measures will prevent future attacks that could have a material adverse effect on our business. We may be unable to protect our
intellectual property rights or may infringe the intellectual property rights of others. We rely on patents, trademarks, trade secrets
and other intellectual property assets in the operation of our business. Our efforts to protect our intellectual property and
proprietary rights may not be sufficient. We cannot be sure that pending patent applications will result in the issuance of patents
or that patents issued or licensed to us will remain valid or prevent competitors from introducing similar competing technologies.
Our ability to enforce and protect our intellectual property rights may be limited in certain countries outside of the United States
in which we operate, which could make it easier for our competitors to develop or distribute similar or superior competing
technologies in those jurisdictions. In addition, our competitive position may be adversely affected by expirations of our
significant patents, which would allow competitors to freely use our technology to compete with us. We operate in an industry
characterized by extensive patent litigation and competitors may claim that our products infringe their intellectual property
rights. Resolution of patent litigation or other intellectual property claims is inherently unpredictable, typically time consuming
and costly and can result in significant damage awards and injunctions that could prevent the manufacture and sale of the
affected products or require us to make significant royalty payments in order to continue selling the affected products. Any one
of these could have a material adverse effect on our business, results of operations, financial condition and cash flows. At any
given time we are involved as either a plaintiff or a defendant in a number of patent infringement actions, the outcomes of which
may not be known for prolonged periods of time. We can expect to face additional claims of patent infringement in the future.
Our business and operations are subject to risks related to global climate change. Global climate change presents risks to
our business. Shifts in weather patterns caused by climate change are expected to increase the frequency, severity and
duration of certain adverse weather conditions and natural disasters, such as hurricanes, tornadoes, wildfires, droughts,
extreme temperatures and flooding. Such extreme weather conditions and the other conditions caused by or related to
climate change could increase our operational costs; pose physical risks to our facilities and those of our customers and
suppliers; and adversely impact various aspects of our business, including our supply chain, our manufacturing and
distribution networks, the availability and cost of raw materials and components, the energy supply, transportation, and
other inputs necessary for the operation of our business. In addition, more stringent environmental laws and regulations
that are designed to mitigate the effects of climate change may result in increased costs to operate our business, increased
compliance costs and adverse impacts on raw material sourcing, our manufacturing operations and the distribution of
our products. Such developments could have a material adverse effect on our business, results of operations, financial
condition and cash flows. Our customers depend on third- party coverage and reimbursements. The failure of healthcare
programs to provide coverage and reimbursement, or reductions in levels of reimbursement, could have a material adverse effect
on our business. The ability of our customers to obtain coverage and reimbursements for products they purchase from us is
important to our business. Demand for many of our existing and new medical products is, and will continue to be, affected by
the extent to which government healthcare programs and private health insurers reimburse our customers for patients' medical
expenses in the countries where we do business. Any reduction in the amount of reimbursements received by our customers
could harm our business by reducing their selection of our products and the prices they are willing to pay. In addition, as a result
of their purchasing power, third- party payors are implementing cost- cutting measures such as seeking discounts, price
reductions or other incentives from medical products suppliers and imposing limitations on coverage and reimbursements for
medical technologies and procedures. These trends could compel us to reduce prices for our existing products and potential new
products and could cause a decrease in the size of the market or a potential increase in competition that could have a material
adverse effect on our business, results of operations, financial condition and cash flows. The ongoing A resurgence of the
COVID- 19 pandemic could adversely impact our business operations, financial condition, results of operations and cash flows.
The COVID- 19 pandemic has caused significant volatility in the global financial markets, caused disruption in global supply
and distribution channels, dramatically changed the way companies do and caused us to modify certain of our business
practices (including with respect to remote work policies and physical participation in meetings may adversely impact our
financial position, results of operations and eash flows other events). While we continue to closely monitor the economic
impact of the COVID- 19 pandemic has subsided on our business, new mutations to we currently cannot quantify the virus
<mark>could lead to a resurgence of the pandemic. The</mark> impact <del>it will have on our future results o</del>f such a resurgence would
operations. The ongoing impact of the pandemic depends - depend on a number of factors which are uncertain and
unpredictable, including the severity, extent and duration of the pandemie new outbreak and the potential severe adverse
financial impact the <del>pandemic outbreak could have on our customers. Our future A resurgence of the COVID- 19 pandemic</del>
could results - result in of operations and eash flows may suffer material adverse effects from delays in payments on
outstanding accounts receivable, potential manufacturing, distribution and supply chain disruptions and uncertain, decreased
<mark>customer</mark> demand <mark>for our products</mark> , and <del>the other adverse</del> effects <del>of any actions we may take to address the financial and</del>
operational challenges our customers may face. Other pandemic-related risks and uncertainties include, but are not limited to: •
postponement or cancellation of elective medical procedures and uncertainty as to whether or when they will resume; • potential
temporary or prolonged office, production facility or distribution center closures; * the health of our employees and our ability to
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meet our staffing needs; * potential new or continued governmental actions that may limit our employees' ability to work; * civil
unrest relating to government, corporate and societal responses to the pandemic; • volatility in economic conditions and the
financial markets; • risks associated with vaccine distribution; and • other unanticipated effects that remain unknown. If we
experience any one of these risks or uncertainties, it may have a material adverse impact to our business, financial condition,
results of operations and cash flows. The duration of any such impacts cannot be predicted because of the unprecedented nature
of the COVID-19 pandemie. Additionally, our business could be severely impacted by widespread regional, national or global
health epidemics unrelated to COVID- 19 in the future. An inability to obtain key components, raw materials or manufactured
products from third parties may have a material adverse effect on our business. We depend on the availability of various
components, raw materials and manufactured products supplied by others for our operations. If the capabilities of our suppliers
and third- party manufacturers are limited or stopped, due to quality, regulatory or other reasons, including natural disasters,
pandemics or other health emergencies (such as the COVID- 19 pandemic), political instability, government actions, prolonged
power or equipment failures or labor dispute, it could negatively impact our ability to manufacture or deliver our products and
could expose us to regulatory actions. Further, for quality assurance or cost effectiveness, we purchase from sole suppliers
certain components and raw materials. Although there are other sources in the market place for these items, we may not be able
to quickly establish additional or replacement sources for certain components or materials due to regulations and requirements of
the FDA and other regulatory authorities regarding the manufacture of our products. The loss of any sole supplier or any
sustained supply interruption that affects our ability to manufacture or deliver our products in a timely or cost effective manner
could have a material adverse effect on our business, results of operations, financial condition and cash flows. An interruption in
our ability to manufacture products may have a material adverse effect on our business. Many of our key products are
manufactured at single locations, with limited alternate facilities. In addition, the majority of our manufacturing output is
concentrated at the two manufacturing facilities that we operate in Mexico. If one or more of these facilities experience
damage, or if these manufacturing capabilities are otherwise limited or stopped due to quality, regulatory or other reasons,
including natural disasters, pandemics or other health emergencies (such as the COVID- 19 pandemic), political instability,
government actions, prolonged power or equipment failures or labor dispute, it may not be possible to timely manufacture the
relevant products at previous levels or at all. A reduction or interruption in any of these manufacturing processes could have a
material adverse effect on our business, results of operations, financial condition and cash flows. We may not successfully
execute on or achieve the expected benefits of our restructuring initiative. In January 2023, we initiated a three-year
restructuring initiative pursuant to which we plan to: (i) have combine combined our Chronic Care and Pain Management
franchises into a single commercial organization focused on the Digestive Health and Orthopedic Pain & Management and
Recovery product categories; (ii) plan to rationalize our product portfolio including certain low-margin, low- growth product
categories, through targeted divestitures; (iii) have undertake undertaken additional cost management activities to enhance our
operating profitability; and (iv) plan to pursue efficient capital allocation strategies, including through acquisitions that meet our
strategic and financial criteria. The restructuring initiative is subject to a variety of known and unknown risks and uncertainties,
including the potential that we may not be able to: (i) successfully execute on the restructuring initiative or (ii) achieve the
anticipated benefits and cost-saving opportunities identified in the restructuring initiative. In addition, the expected benefits and
cost-saving opportunities related to the restructuring initiative may take longer to realize than expected. Further,
implementation of the restructuring initiative could be disruptive to our operations and result in reduced employee morale.
Failure to fully realize or maintain the anticipated benefits of the restructuring initiative could have a material adverse impact on
our business, results of operations, financial condition and cash flows. We may not achieve the expected benefits of our
divestiture activities. One of the objectives of the Transformation Process is the rationalization of our product portfolio
through targeted divestitures such as the RH Divestiture. The RH Divestiture represents a key component of the
Transformation Process, and is aimed at accelerating the Company's efforts to focus its portfolio on markets where it is
well positioned to succeed. Any divestiture we undertake is subject to a variety of known and unknown risks and
uncertainties, including the potential that we may not be able to achieve the anticipated benefits of such divestiture. In
addition, the expected benefits related to any divestiture may take longer to realize than expected. Further, any
divestiture could be disruptive to our operations and result in reduced employee morale. Failure to fully realize the
anticipated benefits of any divestiture could have a material adverse impact on our business, results of operations,
financial condition and cash flows, ongoing Ongoing regional conflict conflicts between Russia and Ukraine and the related
implications could have a material adverse effect on our business and results of operations. We are subject to risks as a result
of regional conflicts in different parts of the world, including the conflict between Russia and Ukraine and conflict in the
Middle East. As a result of the ongoing military conflict between Russia and Ukraine, the United States and other countries
have imposed significant sanctions on Russia and could impose even wider sanctions. Conflict in the Middle East could
negatively affect sales of our products in that region and could give rise to embargoes on, or disruptions to, the supply of
petroleum. The These military conflict conflicts and related sanctions or embargoes could damage or disrupt international
commerce, shipping, supply chains and the global economy. We cannot predict the broader or longer-term consequences of
the these conflicts or of the, which could include further sanctions and imposed to date or in the future, which could
include embargoes, regional instability, geopolitical shifts, exchange rate fluctuations, inflation, financial market disruptions
and economic recession. Further, the these conflicts could exacerbate supply chain challenges, lead to an increase in
cyberattacks from Russia and elsewhere, affect the global price and availability of key commodities, reduce our sales and
earnings or otherwise have an adverse effect on our business and results of operations. In addition, the these regional conflict
conflicts between Russia and Ukraine may have the effect of heightening other risks disclosed in this Item 1A Form 10-K, any
of which could materially and adversely affect our business and results of operations. Such risks include but are not limited to
interruptions in the transportation channels for the manufacture and global distribution of our products, heightened inflation,
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depressed levels of consumer and commercial spending, disruptions to our global technology infrastructure, adverse changes in international trade policies and relations, and the inability to implement and execute our business strategy. We are currently unable to predict the extent, nature or duration of any of these occurrences. Supply chain disruptions could have a material adverse effect on our business. We rely on a complex global supply chain composed of multiple external suppliers, some of which are single- source suppliers. These suppliers provide raw materials and other inputs for our production processes; supply certain components for our products; and deliver other goods and services used in our business. We cannot be certain that our current suppliers will continue to provide us with the quantities of materials that we require or satisfy our anticipated specifications and quality requirements on a timely basis or at all. In addition, any supply chain disruption in limited or sole sourced raw materials could materially harm our ability to manufacture our products until a new source of supply, if any, could be identified and qualified. In addition, we rely on various transportation channels for global distribution of our products through shipping ports located throughout the world. Labor unrest, political instability, the outbreak of pandemics or other health emergencies (such as the COVID- 19 pandemic), trade restrictions, transport capacity and costs, port security, weather conditions, natural disasters or other events could slow port activities and could adversely affect our business by interrupting product shipments and may increase our transportation costs if we are forced to use more expensive shipping alternatives. From time to time we may be negatively impacted by supply chain disruptions, including the following: • Suppliers extending lead times, experiencing capacity constraints, limiting or canceling supply, allocating supply to other customers (including our competitors), delaying or canceling deliveries, going out of business or increasing prices; • Supplier quality issues; • The ongoing A resurgence of the COVID- 19 pandemic and or other pandemics, epidemics or infectious disease outbreaks; • Cybersecurity events, manmade or natural disasters, operational failures or other events that disrupt us or our suppliers; • Long lead times to qualify alternate or additional suppliers, or the unavailability of qualified alternate suppliers; and • Other events or occurrences that are beyond our control, including transportation delays, inflationary pricing pressures, work stoppages, labor shortages and governmental regulatory actions. These and other supply chain issues can increase our costs, disrupt or reduce our production, delay our product shipments, prevent us from meeting customer demand and damage our customer relationships. They may keep us from successfully implementing our business strategy and could materially harm our business, results of operations, financial condition and cash flows. Our business, operating results, and cash flows have been affected and may continue to be adversely affected by the rising rate of inflation. Inflationary pressures have increased due to general macroeconomic factors as well as the global supply chain disruptions, labor shortages and other factors impacts of the ongoing COVID-19 pandemic. We expect those inflationary trends to continue for the foreseeable future. These inflationary pressures have affected our manufacturing costs, operating expenses (including wages) and other expenses. We may not be able to pass these cost increases on to our customers in a timely manner, which could have an impact on our gross margins and profitability. In addition, inflation has resulted in higher interest rates and could otherwise adversely impact the macroeconomic environment, which in turn could adversely impact our customers and their ability or willingness to purchase our products. Our inability to successfully manage the effects of inflation could have a material adverse effect on our business, results of operations and cash flows. The adoption and interpretation of tax laws may have a material adverse effect on our business. The laws and rules and related interpretations dealing with income taxation are frequently reviewed and amended by governmental bodies, officials and regulatory agencies in the United States and other jurisdictions in which we do business. The governmental bodies may include the U. S. Internal Revenue Service, the U. S. Treasury Department, the U. S. Congress, taxing authorities in countries outside the United States, and various state, provincial, local or municipal regulatory agencies. Our provision for income taxes and results of operations may be adversely affected by changes to our operating structure, changes in the mix of income and expenses in countries with differing tax rates, changes in the valuation of deferred tax assets and liabilities or changes in tax laws, regulations or administrative interpretations thereof. For example, the U. S. federal government could make changes to existing U. S. tax laws, including the Tax Cuts and Jobs Act of 2017 or the Coronavirus Aid, Relief and Economic Security (CARES) Act of 2020, which could include an increase in the corporate tax rate and the tax rate on foreign earnings. It cannot be predicted whether, when, in what form, or with what effective dates, tax laws, regulations and rulings may be enacted, promulgated, issued or amended that could result in a material adverse effect on our financial position, results of operations or cash flows. We face significant uncertainty in the healthcare industry due to government healthcare reform in the United States and elsewhere. The U. S. Congress, regulatory agencies and certain state legislatures, as well as international legislators and regulators, periodically review and assess alternative healthcare delivery systems and payment methods with an objective of ultimately reducing healthcare costs and expanding access. We cannot predict with certainty what healthcare initiatives, if any, will be implemented by states or foreign governments or what ultimate effect healthcare reform or any future legislation or regulation may have on our customers' purchasing decisions regarding our products. However, the implementation of new legislation and regulation may lower reimbursements for our products, reduce medical procedure volumes and materially adversely affect our business, results of operations, financial condition and cash flows. We are subject to extensive government regulation, which may require us to incur significant expenses to ensure compliance. Many of our products are subject to extensive regulation in the United States by the FDA and other regulatory authorities and by comparable government agencies in other countries concerning the development, design, approval, manufacture, labeling, importing and exporting and sale and marketing of many of our products. Furthermore, our facilities are subject to periodic inspection by the FDA and other federal, state and foreign government authorities, which require manufacturers of medical devices to adhere to certain regulations, including the FDA's Quality System Regulation, which requires periodic audits, design controls, quality control testing and documentation procedures, as well as complaint evaluations and investigation. Regulations regarding the development, manufacture and sale of medical products are evolving and subject to future change. We cannot predict what impact those regulatory changes may have on our business. Failure to comply with applicable regulations could lead to manufacturing shutdowns, product shortages, delays in product manufacturing, product seizures, recalls, operating restrictions, withdrawal or

suspension of required licenses, and prohibitions against exporting of products to, or importing products from, countries outside the United States and may require significant resources to resolve. Any one or more of these events could have a material adverse effect on our business, results of operations, financial condition and cash flows. We are subject to healthcare fraud and abuse laws and regulations that could result in significant liability, require us to change our business practices or restrict our operations in the future. We are subject to various U. S. federal, state and local laws targeting fraud and abuse in the healthcare industry, including the Food Drug and Cosmetic Act and anti-kickback and false claims laws. Violations of these laws are punishable by criminal or civil sanctions, including substantial fines, imprisonment and exclusion from participation in healthcare programs such as Medicare and Medicaid. These laws and regulations are wide ranging and subject to changing interpretation and application, which could restrict our sales or marketing practices. Furthermore, since many of our customers rely on reimbursement from Medicare, Medicaid and other governmental programs to cover a substantial portion of their expenditures, our exclusion from such programs as a result of a violation of these laws could have a material adverse effect on our business, results of operations, financial condition and cash flows. We must obtain clearance or approval from the appropriate regulatory authorities prior to introducing a new product or a modification to an existing product. The regulatory clearance process may result in substantial costs, delays and limitations on the types and uses of products we can bring to market, any of which could have a material adverse effect on our business. In the United States, before we can market a new product, or market a new use of, or claim for, or significant modification to, an existing product, we generally must first receive clearance or approval from the FDA and certain other regulatory authorities. Most major markets for medical devices outside the United States also require clearance, approval or compliance with certain standards before a product can be commercially marketed. The process of obtaining regulatory clearances and approvals to market a medical device can be costly and time consuming, involve rigorous pre-clinical and clinical testing, require changes in products or result in limitations on the indicated uses of products. There can be no assurance that these clearances and approvals will be granted on a timely basis, or at all. In addition, once a medical device has been cleared or approved, a new clearance or approval may be required before the medical device may be modified, its labeling changed or marketed for a different use. Medical devices are cleared or approved for one or more specific intended uses and promoting a device for an off- label use could result in government enforcement action. Furthermore, a product approval or clearance can be withdrawn or limited due to unforeseen problems with the medical device or issues relating to its application. The regulatory clearance and approval process may result in, among other things, the inability to bring a product to market, delayed realization of product net sales, substantial additional costs and limitations on the types of products we may bring to market or their indicated uses, any one of which could have a material adverse effect on our business, results of operations, financial condition and cash flows. We are subject to risks related to our manufacturing operations in Mexico. Our manufacturing facilities in Mexico are authorized to operate as Maguiladoras by the Ministry of Economy of Mexico. Maquiladora status allows us to import certain items from the United States into Mexico dutyfree, provided that such items, after processing, are exported from Mexico within a stipulated time frame. Maquiladora status, which is renewed periodically, is subject to various restrictions and requirements, including compliance with the terms of the Maquiladora program and other local regulations. Failure to comply with these regulations, ceasing to qualify for Maquiladora status or other disruptions within the program would cause our manufacturing costs in Mexico to increase and could adversely affect our business, results of operations, financial condition and cash flows. In addition, Mexico periodically experiences heightened civil unrest, and certain areas of the country suffer from persistent criminal activity, both of which could interfere with our manufacturing operations, cause transportation delays or stoppages and otherwise disrupt the supply of products to and from our facilities. Further, we have experienced inflationary pressure on our labor and other costs in Mexico. Continued increases in such costs could adversely affect our business, results of operations, financial condition and cash flows. These pressures may be exacerbated by exchange rate fluctuations in the Mexican peso. These risks, as well as certain other risks described generally in this Item 1A as they relate specifically to Mexico (including, without limitation, the risk of currency rate fluctuations, the risk of manufacturing interruptions and the risk of doing business outside the United States), could adversely affect our business, results of operations, financial condition and cash flows. We may incur product liability losses, litigation liability, product recalls, safety alerts or regulatory action associated with our products which could be costly and disruptive to our business. The risk of product liability claims is inherent in the design, manufacture and marketing of medical products of the type we produce and sell. A number of factors could result in an unsafe condition or injury to, or death of, a patient with respect to the products that we manufacture or sell, including the physician's skill, technique and experience in performing the relevant surgical procedure, component failures, manufacturing flaws, design defects or inadequate disclosure of product-related risks or information. In addition to product liability claims and litigation, an unsafe condition or injury to, or death of, a patient associated with our products could lead to a recall of, or issuance of a safety alert relating to, our products, or suspension or delay of regulatory product approvals or clearances, product seizures or detentions, governmental investigations, civil or criminal sanctions or injunctions to halt manufacturing and distribution of our products. Any one of these could result in significant costs and negative publicity resulting in reduced market acceptance and demand for our products and harm our reputation. In addition, a recall or injunction affecting our products could temporarily shut down production lines or place products on a shipping hold. All of the foregoing types of legal proceedings and regulatory actions are inherently unpredictable and, regardless of the outcome, could disrupt our business, result in substantial costs or the diversion of management attention and could have a material adverse effect on our business, results of operations, financial condition and cash flows. Economic conditions have affected and may continue to adversely affect our business, results of operations, financial condition and cash flows. Disruptions in the financial markets, economic recessions and other macro- economic challenges affecting the economy and the economic outlook of the United States, Europe, Japan, China and other parts of the world may have an adverse impact on our results of operations, financial condition and cash flows. Economic conditions and depressed levels of consumer and commercial spending have caused and

may continue to cause our customers to reduce, modify, delay or cancel plans to purchase our products, and we have observed certain hospitals delaying and prioritizing purchasing decisions, which has had and may continue to have a material adverse effect on our business, results of operations, financial condition and cash flows. In addition, as a result of economic conditions, our customers inside and outside the United States, including foreign governmental entities or other entities that rely on government healthcare systems or government funding, may be unable to pay their obligations on a timely basis or to make payment in full. If our customers' cash flow or operating and financial performance deteriorate or fail to improve, or if our customers are unable to make scheduled payments or obtain credit, they may not be able to pay, or may delay payment of accounts receivable owed to us. These conditions also may have an adverse effect on certain of our suppliers who may reduce output or change terms of sales, which could cause a disruption in our ability to produce our products. Any inability of current and / or potential customers to pay us for our products or any demands by our suppliers for different payment terms may have a material adverse effect on our business, results of operations, financial condition and cash flows. Currency exchange rate fluctuations could have a material adverse effect on our business and results of operations. Due to our international operations, we transact business in many foreign currencies and are subject to the effects of changes in foreign currency exchange rates, including the Mexican peso, Japanese yen, Australian dollar and the Euro. Our financial statements are reported in U. S. dollars with international transactions being translated into U. S. dollars. If the U. S. dollar strengthens in relation to the currencies of other countries where we sell our products, our U. S. dollar reported net sales and income will decrease. Additionally, we incur significant costs in foreign currencies and a fluctuation in those currencies' value can negatively impact manufacturing and selling costs. While we have in the past engaged, and may in the future engage, in various hedging transactions in attempts to minimize the effects of foreign currency exchange rate fluctuations, there can be no assurance that these hedging transactions will be effective. Changes in the relative values of currencies occur regularly and could have an adverse effect on our business, results of operations, financial condition and cash flows. Our exposure to currency exchange rate fluctuations is heightened due to the concentration of our manufacturing operations in Mexico. For example, a hypothetical appreciation of 10 % in the value of the Mexican peso in relation to the U.S. dollar would have negatively impacted operating profit for the year ended December 31, 2023 by approximately \$ 0. 7 million. We are exposed to price fluctuations of key commodities, which may negatively impact our results of operations. We rely on product inputs in the manufacture of our products. Prices of oil and gas affect our distribution and transportation costs. Prices of these commodities are volatile and have fluctuated significantly in recent years, which has contributed to, and in the future may continue to contribute to, fluctuations in our results of operations. Our ability to hedge commodity price volatility is limited. Furthermore, due to competitive dynamics, the cost containment efforts of our customers and third- party payors, and contractual limitations, particularly with respect to products we sell under group purchasing agreements, which generally set pricing for a three-year term, we may be unable to pass along commodity- driven cost increases through higher prices. If we cannot fully offset cost increases through other cost reductions, or recover these costs through price increases or surcharges, we could experience lower margins and profitability which could have a material adverse effect on our business, results of operations, financial condition and cash flows. Cost-containment efforts of our customers, healthcare purchasing groups, third-party payors and governmental organizations could adversely affect our sales and profitability. Many of our customers are members of GPOs, or integrated delivery networks ("IDNs"). GPOs and IDNs negotiate pricing arrangements with healthcare product manufacturers and distributors and offer the negotiated prices to affiliated hospitals and other members. Although we are the sole contracted supplier to certain GPOs for certain product categories, members of the GPO are generally free to purchase from other suppliers, and such contract positions can offer no assurance that sales volumes of those products will be maintained. In addition, initiatives sponsored by government agencies and other third- party payors to limit healthcare costs, including price regulation and competitive bidding for the sale of our products, are ongoing in markets where we sell our products. Pricing pressure has also increased in our markets due to consolidation among healthcare providers, trends toward managed care, governments becoming payors of healthcare expenses and regulation relating to reimbursements. The increasing leverage of organized buying groups and consolidated customers and pricing pressure from third- party payors may reduce market prices for our products, thereby reducing our profitability and have a material adverse effect on our business, results of operations, financial condition and cash flows. We are subject to political, economic and regulatory risks associated with doing business outside of the United States. Most of our manufacturing facilities are located outside the United States in Mexico. We also may use contract manufacturers outside the United States from time to time and may source many of our raw materials and components from foreign suppliers. We distribute and sell our products globally. In <del>2022-2023</del>, approximately <del>21-20</del> % of our net sales were generated outside of North America and we expect this percentage will grow over time. Our operations outside of the United States are subject to risks that are inherent in conducting business internationally, including compliance with both United States and foreign laws and regulations that apply to our international operations. These laws and regulations include robust data privacy requirements, labor relations laws that may impede employer flexibility, tax laws, anti- competition regulations, import, customs and trade restrictions, export requirements, economic sanction laws, environmental, health and safety laws, anti- bribery laws such as the U. S. Foreign Corrupt Practices Act and similar anti- bribery laws in other jurisdictions. Given the high level of complexity of these laws, there is a risk that some provisions may be violated inadvertently or through fraudulent or negligent behavior of individual employees, our failure to comply with certain formal documentation requirements or otherwise. In addition, these laws are subject to changes, which may require additional resources or make it more difficult for us to comply with these laws. Violations of the laws and regulations governing our international operations could result in fines or criminal sanctions against us, our officers or our employees, and prohibitions on the conduct of our business. Any such violations could include prohibitions on our ability to manufacture or distribute our products in one or more countries and could have a material adverse effect on our reputation, our brand, our international expansion efforts, our ability to attract and retain employees, our business, results of operations, financial condition and cash flows. Our success depends, in part, on our ability to anticipate and prevent or mitigate these risks

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and manage difficulties as they arise. We may be subject to trade protection measures that are being contemplated by the United
States and other governments around the world, as well as potential disruptions in trade agreements, such as the exit of the
United Kingdom from the EU. These measures and disruptions may result in new or higher tariffs, import- export restrictions
and taxes. Changes in, or revised interpretations of import- export laws or international trade agreements, along with new or
increased tariffs, trade restrictions or taxation on income earned or goods manufactured outside the United States may have a
material adverse effect on our business, financial condition, results of operations and cash flows. In addition to the foregoing,
engaging in international business inherently involves a number of other difficulties and risks, including: • different local
medical practices, product preferences and product requirements, • price and currency controls and exchange rate fluctuations, •
cost and availability of international shipping channels, • longer payment cycles in certain countries other than the United
States, • minimal or diminished protection of intellectual property in certain countries, • uncertainties regarding judicial systems,
including difficulties in enforcing agreements through certain non- U. S. legal systems, • political instability and actual or
anticipated military or political conflicts, expropriation of assets, economic instability and the impact on interest rates, inflation
and the credit worthiness of our customers, and • difficulties and costs of staffing and managing non- U. S. operations. These
risks and difficulties, individually or in the aggregate, could have a material adverse effect on our business, results of operations,
financial condition and cash flows. We may need additional financing in the future to meet our capital needs or to make
acquisitions and such financing may not be available on favorable terms, if at all. We intend to continue our research and
development activities and make acquisitions. Accordingly, we may need to seek additional debt or equity financing. We may
be unable to obtain any desired additional financing on terms favorable to us, if at all. If adequate funds are not available on
acceptable terms, we may be unable to fund our expansion, successfully develop or enhance products or respond to competitive
pressures, any of which could negatively affect our business. Events in the banking industry and the associated
macroeconomic impacts may have a material adverse effect on our business operations, financial condition, results of
operations and cash flows. Financial conditions affecting the banking system and financial markets and the potential
threats to the solvency of commercial banks, investment banks and other financial institutions may have an adverse
effect on our operations and the operations of companies with which we do business or in which we hold a minority
stake. There can be no assurance that the actions taken by the Federal Reserve, the Treasury Department and the
Federal Deposit Insurance Corporation since early 2023 in response to bank solvency concerns will achieve the purpose
of stabilizing the financial markets, restoring consumer confidence, or have other intended effects. Concerns about the
stability of financial markets and the solvency of lenders may cause further negative effects across the banking system
and may cause the costs of obtaining financing from the credit markets to increase, which may limit our ability to secure
adequate financing in the future or have other negative effects on our business operations, financial condition, results of
operations and cash flows. Any non- cash impairment of our long- lived assets, including intangible assets and goodwill, could
have a material adverse impact on our results of operations. We review long-lived assets, such as property, equipment and
intangible assets for impairment whenever events or changes in circumstances indicate that their carrying values may not be
recoverable. Goodwill is tested for impairment annually and whenever events and circumstances indicate that, more likely than
not, impairment may have occurred. The evaluation of long-lived assets and goodwill requires us to form estimates and
assumptions with respect to a number of factors, including future sales growth, cash flows, our weighted average cost of capital
(WACC) and a terminal value. Our evaluation of goodwill also includes consideration of our current market capitalization.
Unanticipated changes in any of the factors used in our evaluation could result in a non- cash charge for impairment in a future
period, which may significantly affect our results of operations in the period of such charge. Risks Related to Ownership of
Avanos Common Stock We cannot guarantee that our stock price will not decline or fluctuate significantly. The price at which
Avanos common stock trades has fluctuated and may continue to fluctuate significantly. The market price, or fluctuations in
price, for Avanos common stock may be negatively influenced by many factors, including: • actual or unanticipated fluctuations
in our quarterly and annual operating results, • the outcome of litigation and enforcement actions, • developments generally
affecting the healthcare industry, • changes in market valuations of comparable companies, • the amount of our indebtedness, •
general economic, industry and market conditions, • the depth and liquidity of the market for Avanos common stock, • price
fluctuations in key commodities, • announcements by us or our competitors regarding performance, strategy, significant
acquisitions, divestitures, strategic partnerships, joint ventures or capital commitments, • fluctuations in interest and currency
exchange rates, and • perceptions of or speculations by the press or investment community. These and other factors may lower
the market price of Avanos common stock, regardless of our actual financial condition or operating performance. We have no
present intention to pay dividends on Avanos common stock. We have no present intention to pay dividends on Avanos common
stock. Any determination to pay dividends to holders of Avanos common stock will be at the discretion of our Board of
Directors and will depend on many factors, including our financial condition, results of operations, projections, liquidity,
earnings, legal requirements, restrictions in our debt agreements and other factors that our Board of Directors deems relevant.
The percentage of ownership of existing stockholders in Avanos may be diluted in the future. In the future, a stockholder's
percentage ownership in Avanos may be diluted because of equity issuances for acquisitions, capital market transactions or
otherwise, including equity awards that we may grant to our directors, officers and employees. In addition, our compensation
committee has, and we anticipate that they will continue in the future to, grant stock options or other equity based awards to our
employees. These awards will have a dilutive effect on existing stockholders and on our earnings per share, which could
adversely affect the market price of shares of Avanos common stock. In addition, our certificate of incorporation authorizes us to
issue, without the approval of Avanos stockholders, one or more classes or series of preferred stock having such designation,
powers, preferences and relative, participating, optional and other special rights, including preferences over Avanos common
stock with respect to dividends and distributions, as our Board of Directors generally may determine. If our Board of Directors
were to approve the issuance of preferred stock in the future, the terms of one or more classes or series of such preferred stock
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could dilute the voting power or reduce the value of Avanos common stock. Similarly, the repurchase or redemption rights or liquidation preferences we could assign to Avanos preferred stock could affect the residual value of Avanos common stock. Certain provisions of our certificate of incorporation may make it difficult for stockholders to initiate litigation against us in a favorable forum for disputes with us or our directors or officers. Our amended and restated certificate of incorporation designates the Court of Chancery of the State of Delaware (or if that court does not have jurisdiction, the U. S. District Court for the District of Delaware) as the exclusive forum for certain litigation that may be initiated by our stockholders, which could limit our stockholders' ability to obtain a favorable judicial forum for disputes with us or our directors or officers. Certain provisions of our certificate of incorporation and by- laws and of Delaware law may make it difficult for stockholders to change the composition of our Board of Directors and may discourage hostile takeover attempts which some of our stockholders may consider to be beneficial. Certain provisions contained in our certificate of incorporation and by- laws and those contained in Delaware law may have the effect of delaying or preventing changes in control if our Board of Directors determines that such changes in control are not in the best interests of us and our stockholders. These provisions include, among other things, the following: • the ability of our Board of Directors to issue shares of preferred stock and to determine the price and other terms, including preferences and voting rights, of those shares without stockholder approval, • the inability of our stockholders to call a special meeting of stockholders, • stockholder action may be taken only at a special or regular meeting of stockholders, • advance notice procedures for nominating candidates to our Board of Directors or presenting matters at stockholder meetings, • stockholder removal of directors only for cause and only by a supermajority vote, • the ability of our Board of Directors, and not our stockholders, to fill vacancies on our Board of Directors, and • supermajority voting requirements to amend our by-laws and certain provisions of our certificate of incorporation and to engage in certain types of business combinations. While these provisions have the effect of encouraging persons seeking to acquire control of our company to negotiate with our Board of Directors, they could enable the Board of Directors to hinder or frustrate a transaction that some, or a majority, of the stockholders might believe to be in their best interests and, in that case, may prevent or discourage attempts to remove and replace incumbent directors. We are also subject to Delaware laws that could have similar effects. One of these laws prohibits us from engaging in a business combination with a significant stockholder unless specific conditions are met.